

READ THE PASSAGE Think about what is most important in making the treat.

A Treat on a Stick

Long ago, people made the first frozen treats. They mixed snow with some fruit, nuts, and honey. Today, kids around the world enjoy frozen treats on sticks. In some countries, the treat is called an ice pop. In other places, it's known as an icy lolly or ice block.

No matter what you call the treat, it's easy to make your own. And you don't need snow! Begin by pouring juice, or yogurt mixed with a little bit of juice, into small paper cups. Cover the top of each cup with foil. Cut a slit in the center of the foil. Next, poke a craft stick through the slit in the cup. Be careful not to create a big tear. If you do, replace the torn foil with a new piece.

Place the cups in the freezer until the juice freezes. Then peel off the foil. Quickly dunk the bottoms of the cups in hot water. That will make the pops easy to remove. Rinse the cups and let them dry. Then you can reuse the cups to make another batch.

SKILL PRACTICE Read the item. Write your response.

1. What must you do in order to get the ice pop to slide out of the cup?

2. In which step does the writer encourage recycling?

3. What is the purpose of the foil?

STRATEGY PRACTICE Look back at the passage. Underline the sentences that are most important in making the frozen treats.